

TIMEX®

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W-207 115-095000 Rev 02 NA



THANK YOU FOR PURCHASING YOUR TIMEX® WATCH.

EXTENDED WARRANTY

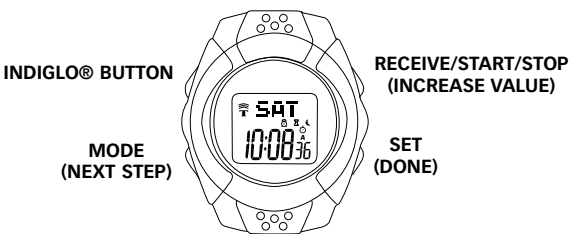
Available in U.S. only. Extend your warranty for an additional 4 years from date of purchase for \$5. You can pay with AMEX, Discover, Visa or MasterCard by calling 1 800-448-4639 during normal business hours. Payment must be made within 30 days of purchase. Name, address, telephone number, purchase date, and 5-digit model number required. You can also mail a check for \$5 to: Timex Extended Warranty, P.O. Box 1676, Dept. EF, Little Rock, AR 72203.

Please read instructions carefully to understand how to operate your Timex® watch. **Your model may not have all of the features described in this booklet.**

FEATURES AND BASIC OPERATION

- Time with 12- or 24-hour format
- Day of week and date display in M-D or D-M format
- Automatic time/date setting and synchronization to atomic clock via radio signals broadcast from U.S., U.K., Germany, or Japan
- Optional hourly chime
- 24-hour chronograph with split time display
- 24-hour countdown timer
- Daily alarm
- INDIGLO® night-light with NIGHT-MODE® feature

Press **MODE** repeatedly to step through modes: Chrono, Timer, and Alarm. Press **MODE** to exit current mode and return to Time mode.



Button functions shown with setting functions in parentheses

ATOMIC CLOCK SYNCHRONIZATION

Watch sets itself and maintains synchronization with atomic clock by receiving one of several radio signals: WWVB (Colorado, U.S.), MSF (U.K.), DCF77 (Germany), or JJY (Japan).

Watch automatically listens for radio signal daily at 2:00:25 AM.

For best reception, note the following:

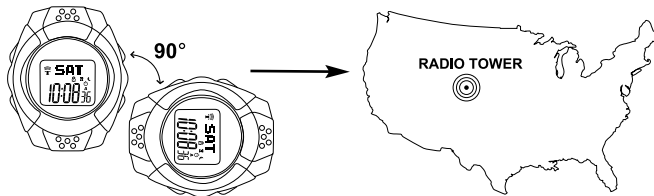
- Reception is better outside of buildings or vehicles.
- Inside a building, reception is better at a window.
- Avoid sources of radio interference, such as electronic devices, power lines, and machinery.
- Reception is generally best at night.
- Reception may be adversely affected by hills and mountains.

To activate receiver and set watch for the first time:

- 1) Perform first three steps of setting procedure in TIME section to select city and DST (daylight savings time) setting.
- 2) Press **SET** to exit setting.
- 3) Press and hold **RECEIVE** to activate receiver.
- 4) Receiver icon flashes to indicate receiver is on. Signal level is shown at the top of the display, as follows:



- 5) Place watch on flat surface and rotate slowly 90° to find best reception. Leave watch in that position until reception complete.



- 6) Receiver icon stops flashing at end of reception period. This may take a few minutes. Receiver icon indicates result:

- Last reception successful
- Last reception failed, but successful reception occurred in the past 7 days
- No successful reception in the past 7 days

If reception fails, try to improve reception using tips above. If unsuccessful, watch may be set manually using procedure below.

TIME

Setting procedure below is necessary to set watch's city (time zone) and options. Time and date setting are only necessary if automatic setting by radio broadcast is unsuccessful.

To set time, date, and options:

- 1) With time and day showing, press and hold **SET**.
- 2) City code flashes. Press **START/STOP** to select city that represents your time zone. See table below for city codes.
- 3) Press **MODE**. DST (daylight savings time) setting flashes. Press **START/STOP** to select AUTO (obey setting in radio signal), ON, or OFF (disregarding setting in radio signal for ON/OFF).
- 4) Press **MODE**. Hour flashes. Press **START/STOP** to change hour (including AM/PM); hold button to scan values
- 5) Press **MODE**. Minutes flash. Press **START/STOP** to change minutes
- 6) Press **MODE**. Seconds flash. Press **START/STOP** to set seconds to zero.
- 7) Press **MODE**. Year flashes. Press **START/STOP** to change year.
- 8) Press **MODE**. Month flashes. Press **START/STOP** to change month.
- 9) Press **MODE**. Day flashes. Press **START/STOP** to change day.
- 10) Press **MODE**. Date flashes. Press **START/STOP** to select M-D (month-day) or D-M (day-month) format.
- 11) Press **MODE**. Hourly chime setting flashes. Press **START/STOP** to select ON/OFF. When ON is selected, watch chimes on every hour.
- 12) Press **MODE**. Button beep setting flashes. Press **START/STOP** to select ON/OFF. When ON is selected, watch beeps for every button press.
- 13) Press **SET**, at any step, when done setting.

City Code	City	Zone	Signal
MDY	Midway	-11	-
HNL	Honolulu	-10	-
ANC	Anchorage	-9	-
LAX	Los Angeles	-8	WWVB
DEN	Denver	-7	WWVB
CHI	Chicago	-6	WWVB
NYC	New York	-5	WWVB
CCS	Caracas	-4	-
BSB	Brasilia	-3	-
-2H	Mid Atlantic Region	-2	-
-1H	Cape Verde, Azores	-1	-
LON	London	0	MSF
BER	Berlin	+1	DCF77
CAI	Cairo	+2	-
MOW	Moscow	+3	-
DXB	Dubai	+4	-
KHI	Karachi	+5	-
DAC	Dacca	+6	-
BKK	Bangkok	+7	-
SHA	Shanghai	+8	JJY
TYO	Tokyo	+9	JJY
SYD	Sydney	+10	-
NOU	Noumea	+11	-
WLG	Wellington	+12	-

Press and hold **MODE** to switch between 12- and 24-hour time format.


Press **SET** to view date. Year is at top of display and date is below.


Press **RECEIVE** to view current city.

Press and hold **RECEIVE** to begin manual reception of time signal, as described in ATOMIC CLOCK SYNCHRONIZATION section.

CHRONOGRAPH


This mode provides a chronograph (stopwatch) function. Press **MODE** repeatedly until CHRONO appears.

To start, press **START/STOP**. Chrono counts up by hundredths of a second up to one hour, then by seconds up to 24 hours. Stopwatch icon  flashes to indicate chrono is running.

To stop, press **START/STOP**. Stopwatch icon  freezes to indicate chrono is stopped.

To resume, press **START/STOP**, or to reset (clear) chrono, press **SET**.

While chrono is running, press **SET** to take lap/split and see your time up to that point. Chrono display freezes while chrono continues to run. Press **SET** to resume display of running chrono.


Chrono continues to run if you exit mode. Stopwatch icon  appears in Time mode.

TIMER

This mode provides a countdown timer with alert. Press **MODE** repeatedly until TIMER appears.

To set countdown time:


- 1) Press **SET**. Hours flash. Press **START/STOP** to change hours; hold button to scan values.
- 2) Press **MODE**. Minutes flash. Press **START/STOP** to change minutes.
- 3) Press **MODE**. Seconds flash. Press **START/STOP** to change seconds.
- 4) Press **SET**, at any step, when done setting.

To start timer, press **START/STOP**. Timer counts down every second from countdown time. Hourglass icon  flashes to indicate timer is running.

To pause countdown, press **START/STOP**. Hourglass icon  freezes to indicate timer is stopped.

To resume countdown, press **START/STOP**, or to reset countdown, press **SET**.

Watch beeps and night-light flashes when countdown ends (timer reaches zero). Press any button to silence. Press **SET** to reset countdown.

Timer continues to run if you exit mode. Hourglass icon  appears in Time mode.


ALARM

Watch has a daily alarm. Press **MODE** repeatedly until ALARM appears.

To set alarm:

- 1) Press **SET**. Hour flashes. Press **START/STOP** to change hour (including AM/PM); hold button to scan values.
- 2) Press **MODE**. Minutes flash. Press **START/STOP** to change minutes.
- 3) Press **SET**, at any step, when done setting. Alarm is automatically turned on upon setting.

To turn alarm on/off, press **START/STOP**.

Alarm clock icon  appears when alarm is on in this mode and in Time mode.


When alarm sounds, night-light flashes. Press any button to silence. If no button is pressed, alarm will sound for 20 seconds.

Alarm repeats daily unless turned off.

INDIGLO® NIGHT-LIGHT WITH NIGHT-MODE® FEATURE

Press INDIGLO® button to illuminate watch display for 3 seconds. Electroluminescent technology used in the INDIGLO® night-light illuminates watch display at night and in low light conditions.

Press and hold INDIGLO® button for 3 seconds to activate NIGHT-MODE® feature.

Moon icon  will appear in Time mode. Feature causes any button press to activate INDIGLO® night-light for 3 seconds. NIGHT-MODE® feature may be deactivated by pressing and holding INDIGLO® button again for 3 seconds. **Remember to deactivate NIGHT-MODE® feature to maximize battery life.**

WATER RESISTANCE

If your watch is water-resistant, meter marking or () is indicated.

Water-Resistance Depth	p.s.i.a. * Water Pressure Below Surface
30m/98ft	60
50m/164ft	86
100m/328ft	160

*pounds per square inch absolute

WARNING: TO MAINTAIN WATER-RESISTANCE, DO NOT PRESS ANY BUTTONS UNDER WATER.

1. Watch is water-resistant only as long as lens, push buttons and case remain intact.
2. Watch is not a diver watch and should not be used for diving.
3. Rinse watch with fresh water after exposure to salt water.

BATTERY

Timex strongly recommends that a retailer or jeweler replace battery. Battery type is on watch back. If present, push/short internal reset switch after replacing battery. Battery life estimates are based on certain assumptions regarding usage; battery life may vary depending on actual usage.

DO NOT DISPOSE OF BATTERY IN FIRE. DO NOT RECHARGE. KEEP LOOSE BATTERIES AWAY FROM CHILDREN.

BRACELET ADJUSTMENT

FOLDOVER CLASP BRACELET

Find spring bar that connects bracelet to clasp. Using a pointed tool (Fig. 1), push spring bar in and gently twist bracelet to disengage. Determine wrist size, then insert spring bar in correct bottom hole (Fig. 2). Push down on spring bar, align with top hole and release to lock in place (Fig. 3).



Fig. 1

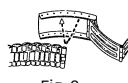


Fig. 2



Fig. 3

BRACELET LINK REMOVAL

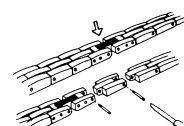
Removing Links: Place bracelet upright and insert pointed tool in opening of link. Push pin forcefully in direction of arrow until link is detached (pins are designed to be difficult to remove). Repeat until desired number of links are removed.



Reassembly: Rejoin bracelet parts. Push pin back into link in opposite direction of arrow. Press pin down securely into bracelet until it is flush.

SOLID LINK BRACELET

Removing Links: Using a very small screwdriver, remove screws by turning counterclockwise. Repeat until desired number of links are removed. Do not remove links adjacent to clasp.



Reassembly: Rejoin bracelet parts and insert screw in end of opening where it was removed. Turn screw clockwise until tight and flush with bracelet.

TIMEX INTERNATIONAL WARRANTY

(U.S. – LIMITED WARRANTY – PLEASE SEE FRONT OF INSTRUCTION BOOKLET FOR TERMS OF EXTENDED WARRANTY OFFER)

Your TIMEX® watch is warranted against manufacturing defects by Timex Corporation for a period of ONE YEAR from the original purchase date. Timex and its worldwide affiliates will honor this International Warranty.

Please note that Timex may, at its option, repair your watch by installing new or thoroughly reconditioned and inspected components or replace it with an identical or similar model. **IMPORTANT — PLEASE NOTE THAT THIS WARRANTY DOES NOT COVER DEFECTS OR DAMAGES TO YOUR WATCH:**

- 1) after the warranty period expires;
- 2) if the watch was not originally purchased from an authorized Timex retailer;
- 3) from repair services not performed by Timex;
- 4) from accidents, tampering or abuse; and
- 5) lens or crystal, strap or band, watch case, attachments or battery. Timex may charge you for replacing any of these parts.

THIS WARRANTY AND THE REMEDIES CONTAINED HEREIN ARE EXCLUSIVE AND IN LIEU OF ALL OTHER WARRANTIES, EXPRESS OR IMPLIED, INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR PARTICULAR PURPOSE. TIMEX IS NOT LIABLE FOR ANY SPECIAL, INCIDENTAL OR CONSEQUENTIAL DAMAGES. Some countries and states do not allow limitations on implied warranties and do not allow exclusions or limitations on damages, so these limitations may not apply to you. This warranty gives you specific legal rights and you may also have other rights which vary from country to country and state to state.

To obtain warranty service, please return your watch to Timex, one of its affiliates or the Timex retailer where the watch was purchased, together with a completed original Watch Repair Coupon or, in the U.S. and Canada only, the completed original Watch Repair Coupon or a written statement identifying your name, address, telephone number and date and place of purchase. Please include the following with your watch to cover postage and handling (this is not a repair charge): a US\$ 7.00 check or money order in the U.S.; a CAN\$6.00 cheque or money order in Canada; and a UK£2.50 cheque or money order in the U.K. In other countries, Timex will charge you for postage and handling. NEVER INCLUDE A SPECIAL WATCHBAND OR ANY OTHER ARTICLE OF PERSONAL VALUE IN YOUR SHIPMENT.

For the U.S., please call 1-800-448-4639 for additional warranty information. For Canada, call 1-800-263-0981. For Brazil, call +55 (11) 5572-9733. For Mexico, call 01-800-01-060-00. For Central America, the Caribbean, Bermuda and the Bahamas, call (501) 370-5775 (U.S.). For Asia, call 852-2815-0091. For the U.K., call 44 020 8687 9620. For Portugal, call 351 212 946 017. For France, call 33 3 81 63 42 00. For Germany, call 49 7 231 494140. For the Middle East and Africa, call 971-4-310850. For other areas, please contact your local Timex retailer or Timex distributor for warranty information. In Canada, the U.S. and in certain other locations, participating Timex retailers can provide you with a postage-paid, pre-addressed Watch Repair Mailer for your convenience in obtaining factory service.

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